

Flexi-floss Gold Bead Bloodworm

By Derek Young

This fly is designed to get down quick when the fish are deep.

Use as a single fly on a floating line and long leader with a slow figure of 8 retrieve.

Or as a point fly on a multi-fly cast with lighter nymphs on the droppers.



Dressing

Hook	Heavyweight wet - size 10-16 (Kamasan B175)	Thorax	Red Glistler / Red Lite-brite
		Under Thorax	3-4 Turns Fine Lead Wire (if required)
Thread	Red	Head	Gold Bead / Tungsten Bead (to suit hook size)
Tail	Red Marabou		For this example with a size 10 B175: 3mm Gold Bead
Body	Red Flexi-floss or Red Micro Ultra Lace		Whip finish and varnish
Under Body	Pearl Lurex / Holographic Tinsel		



Step 1

Slide 3mm gold bead onto hook.
Feed the hook point through small hole . . .

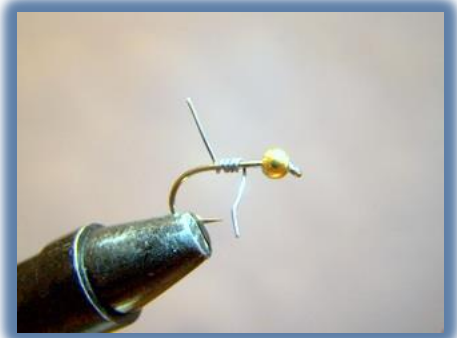


. . . so the large hole is at the rear.



Step 2

Secure hook in vice (ping it) and push bead up to eye.



Step 3

If required for additional weight, wind on 3 to 4 turns of fine lead wire.



Remove excess and round off the ends with a pair of pointed tweezers.
Push the turns of wire up into the hole at the back of the bead.



Step 4

Catch on red tying thread and secure the wire in place with turns of thread.
NB. I normally add a dab of superglue at this point.



Step 5

Using the pinch and loop technique, catch in a slim bunch of red marabou to form a tail.



Secure in position and trim waste.



Step 6

Catch in a length of red Flexi-floss (or Ultra-lace) and secure with thread.



Pull to stretch Flexi-floss so its diameter reduces and bind down with tying thread to hook bend with close touching turns.



Remove waste.



Step 7

Catch in a length of pearl Lurex or tinsel. For Lurex, trim at an angle as this aids tying in and creates less bulk.



Working back towards the eye, bind the marabou down leaving thread at the bead.
A useful tip here is to coat the body with super glue or varnish then wind on the Lurex in overlapping turns . . .



. . . as far as the bead and secure.



Trim Waste.



Step 8

Stretch the Flexi-floss and wind up the hook shank in touching turns in the opposite direction to the Lurex . . .



. . . gradually releasing the tension on the Flexi-floss as you go.
Secure at bead and trim waste.



Step 9

Dub on a **SMALL** pinch of Red glister or Litebrite to tying thread to form a thin rope.



Wind on to form a thorax.



Step 10

Secure thread, whip finish and apply varnish to thread behind bead.



The finished fly.

TYING TIPS

Trim Lurex to a point as this will aid tying in and creates less bulk allowing it to wrap back over itself.

Coat body with superglue or varnish before winding the Lurex up hook shank as it makes it more secure.

If shortening the tail, do **NOT** cut tips of marabou to required length with scissors.

Pinch and tear the marabou between finger and thumb to required length.