

# Stick Fly

By Derek Young

Generally accepted to represent a sedge larvae or caddis grub but in smaller sizes also works well during a hatch of midge.

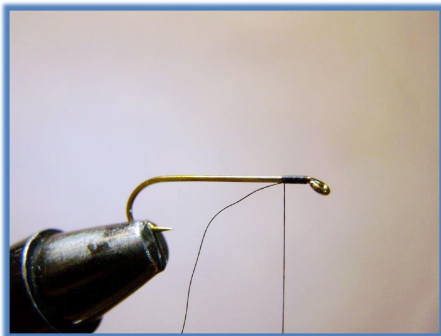
There are, as with most flies, many variants. This is similar to a black and peacock spider, but with a long shank hook, wool tail and red game hackle.

Fish it slow and deep on a floating line or a sink tip line and long leader.



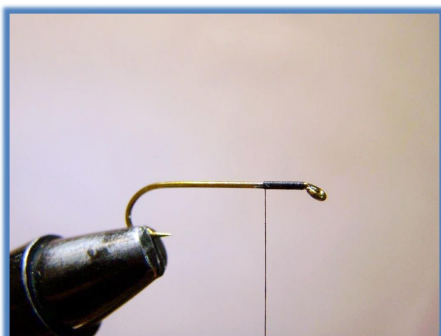
## Dressing

Hook	Wet fly, long shank Kamasan B800/B830 size 8 to 14	Rib	Fine gold or copper wire
Thread	Black 8/0 Uni Thread (some use Brown, claret or Dark Olive)	Thorax or Collar	(Optional) same colour as tail or tag
Body	3 to 4 strands of Bronze peacock herl (1 or 2 in smaller sizes)	Hackle	2 and half to 3 turns natural/red/brown (soft) cock hackle or hen hackle
Tail	Flo Chartreuse or Lime Green wool or floss (some use orange)	Head	Tying thread – varnished
Note	Tail optional - can be tied with 2 to 3 golden pheasant tippets and some tie it with a tag or thorax as opposed to a tail.		



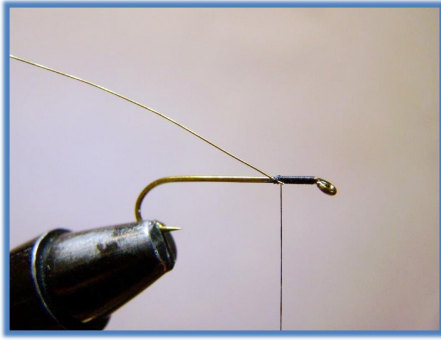
### Step 1

Insert hook in the vice and catch on tying thread.



### Step 2

Run thread down to thorax area in touching turns, remove waste tag of tying thread ...



**Step 3**

... and catch in the medium gold wire.



**Step 4**

At the same point, tie in 4 x strands of fluorescent Chartreuse or lime green wool/floss.



**Step 5**

Run tying thread down hook shank, to secure the wool and wire, to a position half way between hook point and barb.



**Step 6**

Using pinch and loop technique, catch in 3x strands of peacock herl ...



**Step 7**

... and return tying thread towards eye of hook.



**Step 8**

Wind the peacock herl, in touching turns, up the hook shank ...



**Step 9**

... secure and remove waste.



**Step 10**

Wind the medium gold wire, in OPEN turns and in the opposite direction to the peacock herl, up the body, to the tying thread.



**Step 11**

Secure wire and wiggle/ agitate wire till it snaps off. (DO NOT CUT it with your expensive scissors).



**Step 12**

Tie in the natural red game cock (soft), or hen hackle, with shiny side facing you. Remove waste stalk.



### Step 13

Using hackle pliers, wind the hackle, 2 to 3 turns, folding fibres backwards as you wind.



### Step 14

Secure, remove waste and form a neat head. Whip finish.



### Step 15

Remove the tying thread and trim the tail to size, just slightly past the bend of the hook.

Set the length to your choice and brush out the tail with an old toothbrush or a Velcro brush.



**The Finished Fly**