

# App's Bloodworm

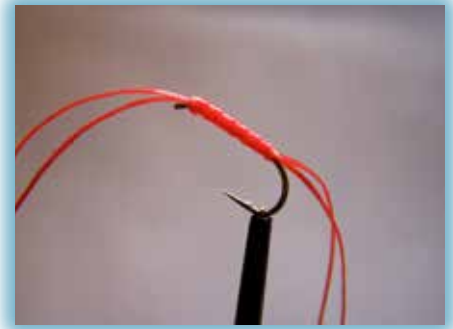
By Derek Young (and kind Permission of Peter Appleby)

*I Believe this to be one of the best Bloodworm (or bunch of Bloodworm) patterns out there.*

*It was invented by a northern angler, Peter Appleby, to imitate the larval stage of the Chronomid midge or buzzer, which spends most of its life living in a silty tube amongst the mud and debris on the river/lake bed, so is best fished near the bottom. Peter advises that when the legs are "Ginked up" it also fishes well as a dry in the surface film.*

*Arthur Cove may have been one of the first to use red elastic to represent the bloodworm (The Red Diddy), along with Dick Walker (with his Red Rubber-band Fly). Peter's version has caught me many more fish. There is a "pipe-cleaner" version known as the San Juan Worm.*

*I fish it "VERY" slowly with a figure of 8 retrieve on a floating line and a long leader. However placing it on the dropper and a booby on the point on an intermediate or sinking line will also keep it in the "fishing zone" and get you fish.*



## Dressing

Hook	Kamasan B175 Size 10 & 12	Body	Glo-Brite floss No 5
Thread	Glo-Brite floss No 5 (Red)	Rib	Ox blood red flexi-floss (3inches)
Extended Legs	Ox blood red flexi-floss (4 inches).		



### Step 1

Set the hook in vice, "ping it" and catch on glo- brite floss number 5 at the CENTRE of the hook shank.



### Step 2

Remove the excess floss. Using "pinch and loop" technique, tie in 2 strands of 4 inch ox blood red flexi-floss on top of the hook shank.



**Step 3**

Run the floss, in touching turns, up the hook shank to the eye, binding down the flexi-floss while keeping the flexi-floss on top of the hook shank. Dont stretch the flexi-floss.



**Step 4**

Once again using "pinch and loop", catch in the 3 inch strand of flexi-floss - dont worry about the excess tag at this stage...



**Step 5**

...and run the glo-brite floss down the hook shank, to the bend, binding down the flexi-floss. Keep this strand under tension as you bind it down.



**Step 6**

Carry on down the hook shank, to the bend, using touching turns of the Glo-Brite floss. Bind down all three strands of flexi-floss. Keeping the flexi-floss "On top" of the hook shank and maintaining tension on the 3 inch strand.



**Step 7**

Return the Glo-Brite floss up to the eye, using touching turns...



**Step 8**

...and back down again to the bend...



**Step 9**

...then back up to the eye - ie 3 layers of Glo-Brite floss.



**Step 10**

Put a half hitch or whip finish in at this stage.



**Step 11**

Hold the 3 inch strand of flexi-floss, pull it/ stretch it under tension and wind rib in OPEN turns up to the eye.

***Note:** Peter states it is important to wind rib back to the eye in open turns to allow the Glo-Brite floss to be seen between the ribbing.*



**Step 12**

Whip finish to secure the flexi-floss at the eye.



**Step 13**

Stretch the waste tag of the 3 inch ribbing flexi-floss and cut close to the whip finish.



**Step 14**

Stretch the other waste tag of the ribbing flexi-floss and also trim close to the whip finish.



**Step 15**

The cut end of the flexi-floss will spring back under the wrappings of the whip finish.



**Step 16**

Remove the Glo-Brite floss to complete the fly.



**Step 17**

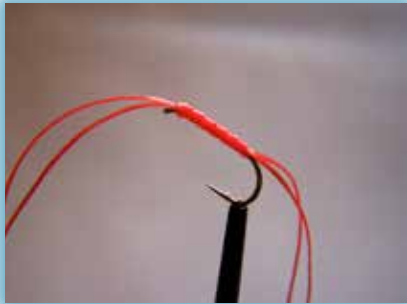
Coat the body and ribbing with super glue (Not the stuff that turns white when wet) and allow to dry.



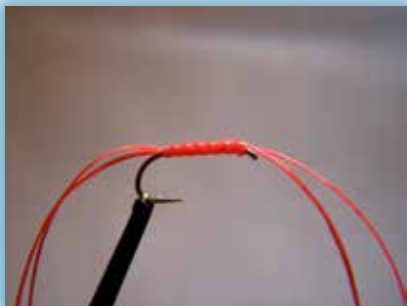
**Step 18**

When super-glue is dry, coat over with varnish.

Note: The super-glue "seals in" the colour, otherwise if just given a coat of varnish the colour will "dull".



**The finished fly.**



**Other side of finished fly.**